A brief report on the two day National Conference on “Ayurvedic Medicare as Evidence Based Medicine”.  
16th – 17th February 2006;  
Organized by : I-SERVE at Hyderabad

The two day National Conference on “Ayurvedic Medicare as Evidence Based Medicine” took off a start with a glittering inaugural function held on 16.2.2006 at 10.00A.M at the Bharatiya Vidya Bhavan Auditorium Hall in Ramkoti, Hyderabad. The inaugural function was graced by none other than the Hon’ble Minister for Home, Govt. of Andhra Pradesh Sri K. Jana Reddy as the Chief Guest. The dais was adorned by many Vice Chancellors & Prominent Personalities from different walks of life, as Guests of Honour. The Guests of Honour include many luminaries like Prof. V. Kutumba Sastry, Vice Chancellor, Rashtriya Sanskrit Sansthan, New Delhi, Prof. S. Savrikar, Vice Chancellor, Gujarat Ayurvedic University, Jam Nagar, Prof S. S. Pandeya, Former consultant to the Human Rights Commission and a well known Ayurveda Practitioner, Prof. Dr. D. Swaminathan, Member, National Advisory Council & Chairman, JNIAc, & Vice Chairman, A.P. Planning Commission, Sri A.P.V.N Sarma I.A.S., E.O. TTD, Prof. C. Kokate, Former Vice Chancellor, Kakatiya University, Sri Gokaraju Ganga Raju, Chairman, Laila Group of Companies Sri G. Karunakar, M.D., Annapurna Bio Ved Ltd., Hyderabad and Sri Sadguru Krishna Yaji garu, Surya Sadanam, Garividi. The dignitaries were welcomed to the dias by Ms. Nagini, the compere. The welcome address to the dignitaries and the delegates was delivered by Sri J. Rambabu, I.A.S, former Special Chief Secretary, Govt. of A. P., in his capacity as the Chairman of the Organizing Committee of this National Conference. The Guests were honoured with garlands by Sri C.B.K Sastry, scientist, GSI and the Organizing Secretary of the National Conference. The invocation prayer was rendered by Miss Ravali.

The Inaugural function was presided over by Sri Kuppa Venkata Krishna Murty, the Chairman & Managing Trustee of I-SERVE, the Vidyadhikari of Avadhoota Datta Peetham, Mysore, the Editor of Bhaktimala and the Chairman of the National Advisory Committee of the National Conference. In his presidential address, he explained the idea and concept of I-SERVE as conceived by His Holiness Parama Pujya Jagadguru Sri Sri Ganapathi Sachchidananda Swamiji, and as part of its research activity, he said, this Ayurvedic seminar is being held. He further explained that an Ayurvedic Research Center and a Free Ayurvedic Clinic are being started by I-SERVE to prepare a data base, in the direction of creating evidence. He explained the need of research into all the Vedic Sciences and sought the cooperation of one and all for that purpose.
Sadguru Sri Krishnayaji in his speech emphasized the need for reviving Ayurveda and said that his family has been serving the public since 1300 A.D. as Ayurvedic doctors. Prof. S. Savrikar & Prof. V. Kutumba Sastry well applauded and appreciated the idea of this National Conference and said that the deliberations going to take place in these two days under the title “Ayurvedic Medicare as Evidence Based Medicine” would do great help to instill faith on Ayurveda in the minds of general public and acceptance by other disciplines of medical fields, in this hour of crisis. Prof. Dr. D. Swaminathan, made a fervent appeal to the Central & State Government for funding the Ayurvedic Research in the direction of creating evidence as it is the need of the hour.

Sri A.P.V.N. Sarma, E.O, T.T.D, Sri Gokaraju Gangaraju and Sri Karunakar felt the need of strengthening the Ayurvedic education in the state by establishing more number of colleges.

The Hon’ble Minister Sri K. Jana Reddy, in his address, assured all possible help for the research on Ayurveda and specially praised the efforts put in by the I-SERVE. He said that he is a firm believer in Ayurveda and his personal health care, presently is done only through Ayurveda, though the government is ready to spend lakhs of rupees on his personal health care for providing modern medicare in the Super specialty Hospitals. The Minister endeared himself with his simple but sharp speech, to one and all in the fully packed 500 capacity auditorium. Then the Hon’ble Minister was bestowed with Honours and Blessings in the form of a Shawl and Prasadams and a Portrait of Sri Swamiji, sent by Parama Pujya Sri Sri Sri Gangapathi Sachchidananda Swamiji from Mysore. They were presented by Dr. Swarna Prasad, the Incharge of Medical Activity of Datta Peetham, and who was specially deputed by Datta Peetham for this purpose.

Sri Kuppa Venkata Krishna Murty, Chairman, I-SERVE felicitated the Chief Guest with a big memento of Sri Swamiji’s Portrait and the other dignitaries with SERVE Vastrams and special mementoes. Dr. Saket Ram, Co-Chairman of the Conference, proposed the vote of thanks.

The inaugural session was followed by the 1st technical session of the conference with its main theme on “Establishing Ayurvedic Medicinal Evidence” chaired by Prof. S. Savrikar, Vice Chancellor, Gujarat Ayurved University and Co-chaired by Sri K. Viswanatha Sarma, former Principal, Ayurvedic College, Tamilnadu, and a Senior most Ayurvedic scholar. Dr. Rangesh Paramesh, from Himalaya Drug company, Bangalore, Dr. Sreeram Jyotishi, from Ayurved Mahavidyalaya of Nagpur, Dr. M.S. Bhagel, Director, International Centre for Ayurveda, Gujarat Ayurved University and Dr. S. R. Narahari, Director, Institute of Applied Dermatology, Kasargod, Kerala, delivered their papers in that session.

The 2nd session held on “Ayurvedic Potential” as the main theme, was chaired by Prof. S.S. Pandeya and Co-Chaired by Dr. K. V. S. Prabhakaram, Addl. Director, AYUSH, Hyderabad. The Key note address was delivered by Dr. C.S.R. Prabhu, Deputy Director General, NIC, Hyderabad. The papers were presented by Dr. C. Sivarama Krishna Sarma, Machilipatnam, on Ayurvedic References in Adharva Veda, Prof. L. Mahadevan, Nagarkoil, Tamilnadu, Dr. J.L.N. Sastry, Medical Advisor, Dabur India Ltd., Chandigarah, Dr. P. Ravishankar, CEO, Superintendent, Diplomat Clinic, Moscow, Russia and Dr. D. Vijaya Kumar, Senior Scientist of IICT, Hyderabad. With this the 1st days technical sessions were completed.
After that, a Sanskrit play called “Dhanvantari Charitam” was enacted by the troop of Sadguru Sri Krishna Yaji garu of Surya Sadanam Garividi. This play was thoroughly enjoyed and praised by all Sanskrit lovers and has drawn special appreciation from none other than the Vice Chancellor of Rashtriya Sanskrit Sansthan, Prof. V. Kutumba Sastry and Prof. K. Viswanatha Sarma, an octogenarian Sanskrit Scholar.

On 17th Morning at 10.00 A.M sharp, the 3rd session started on “Health & Harmony” Chaired by Dr. P. Seshi Reddy, Former Additional Director, Department of AYUSH, Govt. of A.P., The Key Note address was delivered by Prof. C. Kokate, former Vice Chancellor, Kakatiya University, which was followed by paper presentations of Dr. Ashok N. Vaswani, New York, USA, Prof. I. Sanjeeva Rao, Former Chairman, Ayurvedic Pharmacopoeil committee, Govt of India and Dr.Raghu�athan, Institute of Mental diseases, Kottakkal, Kerala, and Sri Yogesh Prabhune of CDAC, Pune.

The 4th session on “How to practice Ayurveda” was chaired by Prof. I.Sanjeeva Rao. The key note address was delivered by Prof I. Eswara Reddy, Principal Govt. Ayurvedic College, Bangalore. The papers in this session are presented by Sri K. Viswanatha Sarma, Sanskrit University, Kancheepuram, on Ayurvedic references in Yajurveda, Prof. Anjaneya Murthy, Principal, Ayurvedic College, Bellari, Prof. M. Sadasiva Rao, Principal Ayurvedic college, Hyderabad, Prof. Jayasree, HOD, Dravyaguna, Govt. Ayurvedic college, Bangalore and by Prof A. Siva Rama Krishna, former Superintendent, Gandhi Hospital, and presently working in SVS Medical college, Mahaboobnagar.

At the end of each session all the Speakers, Co-Chairmen and Chairman and the Key Note speakers were honoured with Mementoes and SERVE Vastrams by Sri K. V. Krishna Murthy, Chairman, I-SERVE.

The Valedictory session followed immediately after the 4th session and the Chief Guest of the day, Sri. K. Rosaiah, Hon’ble Minister for Finance & Health, Government of Andhra Pradesh arrived sharp at 4.00 P.M. The Chief Guest and the Guests of Honour were welcomed to the dias by Ms. Nagini the compere. Sri P. S. Sastry, a well known industrialist and one of the organizers of the conference has presented the Serve Vastrams to the dignitaries. This was followed by an invocation song rendered by Sri Andesri which was given a big applause from the audience. The entire auditorium was spell bound by his song. The Guests of Honour of the function include Sri Swami Kundalini Yogi Sesha Bhattar Sudarshanacharya, Former Director, Nature Cure Hospital, Hyderabad, Dr. I.V. Subba rao, I.A.S, Principal Secretary, Health, Govt. of A.P. Sri D. Garg, I.A.S, Commissioner, Department of AYUSH, Govt. of A.P, Prof. V. Kutumba Sastry, Vice Chancellor Rashtriya Sanskrit Sansthan, New Delhi, and Dr. C.S.R. Prabhu, Deputy Director General, NIC, Hyderabad, Prof.I.Sanjeeva Rao, former Chairman, Ayurvedic Pharmacopoeil committee, Govt. of India & Prof. G. Janardhan Reddy, former Principal, Government Homeopathy College, Hyderabad. Sri J. Ramabubu, I.A.S, Former Special Chief Secretary, Government of Andhra Pradesh, delivered the welcome address followed by the presidential address by Sri K. V. Krishna Murthy Chairman, I-SERVE. Sri K.V.Krishna Murthy appreciated the efforts put in by all the paper presenters in bringing out the best of the research papers and announced an award for the best paper presentation during the two days of this National Conference. He said, he constituted a committee of Judges headed by Prof. S.S. Pandeya, aided by Prof. I. Eswara Reddy & Dr. Swarna Prasad, to choose the nominee for the best paper presentation award. He announced the choice of the committee of Judges for this award and presented Dr. S. R. Narahari, the awardee, with a gold...
locket of Sri Dattatreya. Though Dr. S. R Narahari is an Allopathist, since the research paper presented by him deals totally with the approach of Ayurveda, the Judges felt that the paper is related to Ayurvedic drugs & treatments for the cure of the diseases, when all other systems of medicine failed. This seems to have prompted the Judges to choose him for the award. This endorses and highlights the view point of I-SERVE, which invites the modern scientists to go through the ancient sciences and to adopt it, if it is applicable in the modern day context for solving the existing problems. This award gives encouragement for other modern day scientists/ doctors to have a look at the ancient system of sciences, for solving the modern problems, in this hour of crisis. The whole house applauded and appreciated the idea of this “Award” and congratulated Sri K.V.Krishna Murthy for this act, with which the others are sure to get the inspiration in their future endeavours.

Sri K.V.Krishna Murthy reviewed the proceedings of the last two days and congratulated all the paper presenters. He made an appeal to the Hon’ble Minister and the Central and State Government to encourage the research on Ayurveda and other Ancient Sciences. Sri K.V.Krishna Murthy in his address, made an appeal to the Hon’ Health Minister with few issues and the Minister impressed by the points in the appeal, made an instant announcement that a high power committee would be formulated by his ministry to look into the issues for thorough deliberations.

Sri K. Rosaiah, the Hon’ble Minister, in his speech, elaborated the importance of Ayurveda and tried to explain to the audience the experiences of his childhood days, during which age, the general public were aware of only Ayurveda and nothing else. He explained the entire medicare system in those days revolved around Ayurveda alone and said that most of the diseases were cured by the local Ayurvedic experts only. He assured all necessary help from the governmental side for Ayurvedic Research and also explained the plans of Dr. Y.S. Rajasekhar Reddy, the Chief Minister of Andhra Pradesh for starting Health Mission in this State.

Dr. Swarna Prasad presented the Hon’ble Minister with the prasadams sent by Parama Pujya, His Holiness Sri Sri Sri Ganapathi Sachchidananda Swamiji from Mysore and conveyed the blessings of Pujya Sri Swamiji to the Chief Guest and the Conference. Later on, Sri Rosaiah, the Hon’ble Minister inaugurated the Ayurvedic Research Centere and Free Ayurvedic Clinic, by unveiling the “Daru Phalakas”. (The actual functioning of the free Ayurvedic Clinic started by the next evening in the premises of I-SERVE at Alakapuri, Hyderabad in the august presence of Sadguru Krishna Yaji garu). Sri K.V.Krishna Murthy felicitated the Hon’ble Minister Sri K. Rosaiah with a Memento of Sri Swamiji. Then, due to his preoccupation with the ongoing sessions in the Assembly, the Hon’ble Minister wished the conference all the success and left the function. After that Sri Swami Kundalini Yogi Sesa Bhattar Sudarshanacharya, Prof. V. Kutumba Sastry, Dr.C.S.R. Prabhu and others appreciated the way the conference was held and the Principal Secretary (Health) to Govt. of Andhra Pradesh, Sri I.V. Subba Rao has assured all possible help to this research activity from the governmental side. Then the Organizing Secretary of the Conference, Sri C.B.K Sastry, proposed the Vote of thanks.

The conference came to a glorious conclusion with the recital of the National Anthem “Jana Gana Mana”.

K.V.Krishna Murthy