

AYURVEDIC MEDICINE
VS.
CONVENTIONAL MEDICINE.

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“AYURVEDA” is based on valid knowledge obtained from Pratyaksha, Anumana, Aptopadesha and Yukti Pramanas. Conventional modern medicine and its text books do not give credence to knowledge having divine origin, like: BRAHMA, INDRA AND ASWINI TWINS etc., though the present day Noble Laurates tell that the Universe is due to Intelligent creation and not due to accident.

AYURVEDA gives an exhaustive list of causes of diseases, including curses, these types of causes do not find a direct mention in conventional medicine of today.

In “ARISHTA” chapters, sure and premonitory signs and symptoms of death have been dealt. These are to be researched upon.

In Treatment Aspects:- SAMSHODHANA, SAMSHAMANA AND NIDANA PARIVARJANA are the bedrock of effectivity. SAMSHODHANA details like: VAMANA YOGYA, AYOGYA, PURVA KARMA, PRADHANA AND PASCHAT KARMA are very crucial. The vitiated doshas are eliminated. So, these doshas cannot cause the disease; unless dosha aggravating cause is made available. Thus Samshodhana is apunurdbhavakara variety of treatment. Samshamana Treatment aims at setting right the Pathological participants, without disturbing the Physiology and is devoid of Iatrogenic Complications.

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Conventional Medicine, Hitherto, and Now also, to a Major extent is interested in Isolating / synthesizing various Molecules and trying to set right the diseases. Ayurveda believes in taking the Durg as a whole and treating the man as a whole synergistic drugs + holist medicine are key words. Ayurveda tries to set right the Disharmony among various constituents of the body leading to a pleasing harmony. Thus there are no jarring sounds. But only a pleasing synchrony . Ayurveda belives in “Yasya Desasya yo jantuhu Tasya Tachcha Bheshajam Hitam “. The native medicines are more homologus and devoid of side effects if used with yukthi

Rasayana, Vajikarana and Swasthavritta are proclaiming the preventive aspect .

Last but not the least , avoidance of the avoidable aetiological factors hits the last nail of the “Coffin of Diseases, debility and post phonable death”.

These aspects are very unique to Ayurveda and need evidenace based research in extensive way and are to be under a well co-ordinated intergrated health delivery system under one roof for the rural rustic folk/ urban masses. Some attempts have been made. But faster progress is the essential need of the hour.